Amendments to the Specification

Please amend the paragraph at page 1 lines 14 - 18 to read as follows.

Accordingly. [[in one non-limiting embodiment of] the present invention [there is provided] provides a seat portion for a seat, which seat portion comprises at least a first part which is made of a first plastics foam material of a first [density] hardness, and a second part which is made of a second plastics foam material of a second and [different density] lesser hardness: and in which the first and the second parts are the only parts in the seat portion which provide a posterior-supporting function: the second part is in the form of an insert which fits into a complementarily shaped recess in the first part and does not extend into a backrest portion for the seat: the insert substantially fills the recess: and the insert comprises a pair of pads which are positioned so as to be underneath the cheeks of the posterior of a person sitting on the seat portion, and a pair of legs which are positioned so as to be underneath the cheeks of the posterior of a person sitting on the seat portion, and a pair of legs which are positioned so as to be underneath the thighs of the person sitting on the insert.

Please delete the paragraph at page 1 lines 19 - 22.

Please delete the paragraph at page 2 lines 1 - 2.

Please amend the paragraph at page 2 lines 3 - 9 to read as follows.

The insert may comprise a pair of pads which are positioned so as to be underneath the cheeks of the posterior of a person sitting on the seat portion, and a pair of legs which are positioned so as to be underneath the thighs of the person sitting on the insert. The seat portion of the present invention is able to give a good degree of comfort to a person sitting on the seat portion, irrespective of the seat portion being used at different times by different persons of different heights and weights.

_____If desired, the pads and the legs may have curved faces which engage complementarily curved faces in the recess. Alternatively, if desired, the pads and the legs may have rectilinear faces which engage rectilinear faces in the recess.

Please delete the paragraph at page 3, lines 10-12.

Please amend the paragraph at page 3, lines 7-15 as follows.

The backrest portion may comprise a main part which is made of a plastics foam material of [[the]] a first [[density]] hardness, and a support part which is made of a plastics foam material of a second and [[different density]] lesser hardness. With such a backrest portion, the seat may be such that a person sitting on the seat portion and resting their back on the backrest portion is able to obtain optimum lumbar support for the back of the person, irrespective of the height and weight of the person. Usually the backrest portion will comprise only one support part. If desired however the backrest portion may comprise more than one support part.

Please delete the paragraph at page 4 lines 5-10.

Please amend the paragraph at page 5 lines 7 - 19 to read as follows.

In one embodiment of the invention the seat portion may [comprise first part made of a first plastics foam material of a first hardness and a second part which is made of a second plastics foam material of a second hardness less than the first hardness, wherein the second part is attached to an upper surface of the first part so that in use compressive forces applied to the second part are transmitted to and distributed through the first part which thus acts to limit compressive deformation of the second part. Such a seat portion is especially useful for seating in a mobile environment. An] be such that an under surface of the second part [may have] has protuberances, and [[the]] an upper surface of the first part may have recesses complementary in shape to the protuberances. [[An upper surface of the second part may be substantially planar, and co-planar with the surrounding non-recessed area of the first part.]

Please amend the paragraph at page 12 lines 3-9 to read as follows.

Figure 15 shows a backrest portion 88 having a main part 26 and a support part 28. The support part 28 is shaped as shown and it fits into a complementarily shaped recess 90. The main part 26 and the support part 28 are made of plastics foam material of different densities. The plastics foam material of the main part 26 [may be] is of a first and harder density than the plastics foam material of the second part. [The reverse arrangement may however be employed if desired.]